

# Different Types of Cannabis Products And The Influence Of Sativa And Indica Genetics

## Different Types Of Cannabis Products

Modern cannabis lovers can explore a virtually endless array of products. Beginners and lifelong herb lovers alike have thousands of products to choose from. Whether your pot journey is just beginning, or you want to try something brand new, there are plenty of choices. Learn more about all the **cannabis products** on the market, including **THC products**, **CBD products**, **vape products**, and lots more.

## The Different Types Of Cannabis Products

**What are the different types of cannabis products?** Today's consumers have a huge wealth of cannabis products to try. Explore the main types of cannabis products to learn what to expect the next time you use your favourite plant.

### Flower

It's hard to beat traditional cannabis flowers. Also known as bud or weed, flower is a classic way of enjoying marijuana. No matter what people call it, flower refers to the dried, smokable buds of the cannabis plant. Flower is produced by growing marijuana, harvesting its flowers, and then drying and curing the amazing plant material. Buds are one of the most popular THC products. When you smoke flower, the active ingredients and cannabinoids pass directly from your lungs into your bloodstream. This method delivers a powerful, almost instantaneous effect that's loved by people around the world.

Flower is one of the most popular cannabis products since it's so versatile. You can enjoy buds in a joint, blunt, bong, pipe, and other creative methods. Explore [thousands of strain options](#) on the market to see why so many people enjoy their buds.

### About Flower

- Buds are affordable, so they're great for people on a budget. You can try many different options, strains, and varieties for less than other methods.
- Effects can last between 45 minutes and 3 hours.
- Flower has high bioavailability, which means that buds have high amounts of cannabinoids compared to other methods.

### Concentrates

**Cannabis concentrate products** are another popular way to consume cannabis. Concentrates are made by extracting active ingredients from marijuana plants. Different extraction methods use a range of techniques, but each procedure is designed to remove unwanted plant material and impurities. As a result, cannabis concentrate products are very potent and contain high levels of terpenes and cannabinoids.

If you're looking for a strong high, there are several different cannabis concentrate products you can try. Vape products like weed pens and portable vaporizers make it easy to inhale concentrates on the go. You can also explore tabletop vaporizers like dab

rigs to transform concentrates into a breathable vapour. Dab rigs aren't easy to use when you're out and about, but they deliver a fast, reliable experience at home. Concentrates are very potent, so start off slowly if you don't have much experience with vape products.

### **About Concentrates**

- Concentrates tend to be fast-acting, so you might feel the effects soon after smoking.
- You'll need a dab rig, vape pen, or another piece of equipment to use concentrates.
- Start with a small amount of concentrates since they're very powerful.

### **Edibles**

**Edible marijuana products** include any food or drink that's been [infused with cannabis](#). What are the different types of cannabis products that you can eat? Explore baked goods, gummy candies, chocolates, drinks, different kinds of butter, oils, and many other treats. It can take a long time for edible marijuana products to kick in because they're absorbed through the digestive system instead of inhaled. However, the effects can also last for much longer than inhaled cannabis.

Modern weed users love edibles because they're convenient, strong, and tasty. Edibles come in many different strengths and combinations. Most edibles are THC products, but you can also find edibles that are CBD products if you're looking for a more therapeutic approach. You should always read the label carefully when you're using edible marijuana products so you know what to expect. Edibles can take a long time to kick in, but they're very strong once they go to work.

### **About Edibles**

- Edibles have precise dosages and may include instructions for taking a single dose. Read the label information before consuming any edible.
- Since they're so precise, edibles are a simple and discreet way of using cannabis.
- Edibles are absorbed through the digestive tract so their effects can be unpredictable. It might take between 30 to 90 minutes for you to feel anything.

### **Tinctures**

Other than smokable forms, what are the different types of cannabis products? Tinctures are cannabis products that take a more medicinal approach. These products are made by steeping marijuana in alcohol or another alkaline solution to transfer active ingredients from the plant into the liquid. Most people take tinctures orally by letting a few drops absorb into the blood vessel under the tongue.

Since tinctures are made with a special extraction process, they're often more expensive than other THC or CBD products. If you're looking for a particular effect, keep an eye out for tinctures made with additional herbs or compounds besides just cannabis.

### **About Tinctures**

- Tinctures offer precise dosing, so you can have a controlled experience with this method.
- You can make your own edibles by adding a few drops of tincture to any food or drink.
- Tinctures may cause an extended high because they're so potent.

## Topicals

Topical cannabis products are designed to be applied directly to the skin. These products don't deliver a sense of being high because THC is [absorbed through the skin](#) differently than through the blood or lungs. Topicals are great for people looking for specialized effects or pain relief. Look for lotions, sprays, balms and lip balms, salves, patches, creams, and other topical methods.

If you're struggling with chronic pain or inflammation, topical products can be a great source of help. Cannabis topicals help relieve pain and other symptoms without causing you to feel high.

## About Topicals

- You can find a range of topicals for many different purposes.
- CBD topicals often offer better absorption into the skin and can deliver a full-body effect.

## What Is The Difference Between Indica And Sativa?

If you're serious about cannabis, you've probably discovered the **Indica vs Sativa** debate before. Indica, Sativa, and hybrid cannabis are the main types, strains, or families of cannabis. Each variety has unique physical traits as well as traditional mental and physical effects. However, the difference between **Sativa and Indica** isn't always obvious. Learn more about **Sativa versus Indica** so you'll know what to expect on your marijuana journey.

## What Is The Difference Between Cannabis Sativa And Cannabis Indica?

*Cannabis sativa* and *Cannabis indica* are the scientific names for different plants in the marijuana family. When people talk about *Cannabis sativa* **vs** *Cannabis indica*, they're discussing variations of the same plant. Sativa and Indica each have specific effects and physical features that make them distinct from the family. This means that **Sativa strains vs Indica strains** deal with variations within marijuana plants, but that these strains also have lots in common.

The term "Sativa" has been used since the 18th century to describe hemp and other plants found in Western Europe. Hemp was used in Europe for fibre, seeds, and fabric. Sativa was also known in [Southeastern Asia for its medical properties](#).

No matter the differences in Indica vs Sativa, these plants also have lots of similarities. Both varieties are subspecies of the original cannabis plant. The two varieties split into

subspecies after thousands of years of development. Growing regions and effects are the two main characteristics that determine if a plant is Sativa versus Indica.

Sativa tends to grow in warm, tropical regions. It develops into a tall, stalky plant that needs lots of room to grow. Some Sativa specimens can reach 20 feet or higher! It's no wonder that Sativa is often grown outdoors in temperate climates with lots of light. Indicas, on the other hand, grow in colder areas. They normally mature into thick, bushy plants that are shorter than their Sativa cousins.

When it comes to the physical traits of Indica vs Sativa, Sativa plants have thinner leaves that tend to bunch together. Indica plants look denser and have a fluffy, crowded appearance.

## The Effects Of Indica

*Cannabis sativa* vs *Cannabis indica* each have different effects and growing regions. Indica is traditionally found in the mountains of Central Asia. [European botanist](#) Jean-Baptiste Lamarck was the first European scientist to identify this variety based on samples from India received in 1785.

Indicas tend to have high levels of cannabinoids including THC, CBD, and CBD. You'll usually find higher THC levels in Sativa versus Indica. However, that doesn't mean that Sativa is automatically better. Indica strains [contain a significant balance](#) of cannabinoids and other active ingredients. This mix delivers a balanced, full-bodied high that helps users feel relaxed and sedate. This strain usually has a large amount of CBD which can also relieve pain and inflammation.

There are some notable differences between Sativa strains vs Indica strains. Indicas are great for relaxation and stress relief. You can expect the following experiences when using Indica.

- **Couchlock:** *Couchlock* describes the feeling of heaviness, relaxation, and lack of productivity that Indica strains can produce. Indica has large amounts of CBD and CBN that cause full-body sensations of heaviness. If you're trying to decide between Indica vs Sativa, choose Indica when you want a relaxing night in.
- **Munchies.** Indica can help fight lack of appetite or general fatigue. This reaction is caused when THC binds to brain receptors that deal with hunger and heeding skills. Indica is great for people struggling with medical conditions that suppress the appetite or cause upset stomachs.
- **Anxiety.** Anxiety is a tricky concern for cannabis users. Some people find that cannabis relieves their anxiety but others feel more anxious when they get high. Low amounts of Indica can help relieve tension and help people feel calmer. This might be because Indica has higher levels of CBD than Sativa.

## Effects Of Sativa

On the other side of the Indica vs Sativa question, we have *Cannabis sativa*. Sativa is well-known for causing feelings of euphoria, cerebral highs, and stimulating effects.

Sativa-lovers tend to prefer this variety because it improves mood, makes them more productive, and helps them feel creative. These effects are all due to the high levels of THC found in Sativa plants.

Since Sativa contains lots of THC, it has complicated biochemical reactions. Some people find that THC makes them feel anxious while other herb users reduce their anxiety levels from using Sativa. Many factors impact anxiety, but the amount of THC consumed plays a part as well.

THC binds with receptors in the body's endocannabinoid system to create a range of powerful reactions. If you take large amounts of THC, you may experience [sensory changes](#) such as paranoia and anxiety. Sativa can also cause the following effects:

- **Improved mood.** Sativa strains cause a feeling of euphoria and uplifted mood. Depending on the cannabinoids, terpenes, and other active ingredients, Sativa can also help enhance creativity, focus, and productivity. Some plant lovers use Sativa strains specifically to help with depression and anxiety.
- **Increased energy.** Thanks to the high levels of THC found in Sativa, these strains often cause users to feel a rush of energy. When this effect is combined with the cerebral effects of Sativa, users often find that they have more energy, stamina, and motivation as well as lower levels of fatigue.
- **Munchies.** Whether you use Indica vs Sativa, you can expect one effect in common: THC is associated with feeling hungry. It's common to start craving your favourite snack when using Sativa as well as Indica.

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