

What Is Viagra (Sildenafil)?

Viagra, also known as Sildenafil, has changed the lives of millions of men and their partners ever since it was introduced to the market. This medication treats impotence and erectile dysfunction by making it easier for men to achieve, maintain, and enjoy an erection. Viagra works with your body's natural responses to enhance feelings of arousal. Even better, Viagra's mainstream popularity has opened doors for men to be honest about their sexual experiences. Learn everything you need to know about Viagra, including its ingredients, effects, common usages, and how to buy Viagra online in Canada.

What Viagra Is

Viagra is the brand name for Sildenafil citrate, [a drug that helps men achieve better sexual function](#). This medication is normally taken to treat impotence or erectile dysfunction. If you or your partner are struggling with ED, Viagra is a common and popular treatment for this condition.

Viagra can help you get an erection, but you'll still need to be in the mood for the best results. Patients will have the best results when they're physically, mentally, or emotionally stimulated. [Sildenafil won't give you an erection on its own](#).

Whether you use name-brand or generic Viagra, you can expect similar results. Viagra works by helping blood flow to the penis. This effect allows patients to get and maintain an erection. [Viagra is proven to treat all degrees of erectile dysfunction](#), including ED caused by a range of conditions.

When you buy Viagra, you're purchasing an oral medication. Sildenafil is available in convenient tablet form. Many patients appreciate this form because tablets are easy to store, travel with, and use. You should take your Viagra between 30 minutes to an hour before you plan to be sexually active. In some cases, [Viagra is still effective up to four hours later](#).

You need a doctor's prescription to take Viagra. If you're wondering where to buy Viagra in Canada, you don't need to wait to see your doctor in person. SmartED offers ED treatment managed by real physicians. This service makes it discrete, convenient, and safe to source your Viagra online.

What Is Viagra Made Of?

[Sildenafil is a phosphodiesterase type 5 \(PDE5\) inhibitor](#). PDE5 is a naturally occurring enzyme that regulates a range of chemicals in your bloodstream.

You need PDE5 to stay healthy, but at certain levels, this enzyme can make it challenging to achieve or keep an erection.

After Viagra is metabolized and used by your body, it's flushed out through your digestive system. Viagra isn't a maintenance medicine, so you should only take it as needed. Don't take more than one dose of sildenafil per day.

Counterfeit Viagra

When you're interested in buying sildenafil online, it's important to shop from trustworthy sources such as SmartED. Viagra is a prescription medication that must be prescribed by a doctor. If you try black-market alternatives, you're taking a major risk with your health and safety. [Counterfeit or fake Viagra](#) may be expired, contain the wrong dosage for your needs, or contain dangerous materials.

The following materials have been found in fake Viagra doses:

- Printer ink
- Binding agents like drywall
- Amphetamines
- Antibiotics

At best, fake Viagra will be disappointing because it doesn't have any active ingredients. At worst, counterfeit pills can be hazardous to your health. It's better to stay with reputable providers and real physicians such as the SmartED medical team.

Safer Sex

Viagra makes it easier to have sex for many men, but it doesn't offer any protection against sexually transmitted infections or pregnancy. You and your partner are still at risk for illness, infection, and pregnancy when using Viagra. Make sure to take all your normal precautions to protect yourself.

What Are The Effects Of Viagra?

Viagra helps men achieve erections and enjoy sex by increasing the flow of blood to the penis. However, the body's sexual responses are part of a complicated system. Several different biological processes are involved. Increased blood flow is vital, but it's only one part of the picture.

Viagra And The Anatomy Of Your Penis

The human penis contains two chambers which are known as the [corpora cavernosa](#). The corpora cavernosa perform two important roles during sex. First, these chambers are full of blood vessels. During sexual activity, these

blood vessels relax and widen, allowing blood to rush in. This blood increases the pressure in the penis, causing an erection.

The corpora cavernosa also play a chemical role during sex. When you're sexually stimulated, these chambers also release nitric oxide, chemically known as NO. NO is responsible for activating the enzyme guanylate cyclase, which in turn increases the amount of cyclic guanosine monophosphate (cGMP). cGMP causes muscles to relax. However, the blood-borne enzyme PDE5 can reduce the effects of cGMP.

Whether you take generic sildenafil or name-brand Viagra, the medication works by inhibiting PDE5. This reaction helps cGMP perform its usual job of relaxing muscles and allowing blood flow to the penis.

Penis structure is an important part of sexual health. If you have [abnormal penis anatomy](#), consult with your doctor before trying to buy sildenafil.

Viagra And The Circulatory System

Viagra in Canada works by easing blood flow to the penis. The body's circulatory system is an important element when taking sildenafil.

Once you take Viagra, its active ingredient is quickly absorbed into your bloodstream. The maximum drug concentration is reached about an hour after taking the medicine, making this a fast-acting treatment plan.

Your circulatory system carries sildenafil throughout your body. Sildenafil is a PDE5 inhibitor, which means that it suppresses the effects of PDE5 in your blood. When PDE5's effects are decreased, chemical reactions starting in your penis can flourish. Your body's cGMP levels allow muscles to relax. This relaxation helps blood flow easily into your penis, allowing you to achieve an erection.

Since [sildenafil acts upon the circulatory system](#), Viagra does pose some risks to patients with heart or lung issues. If you have cardiovascular disease, low blood pressure, a history of stroke or heart attack, or take certain medications, you should consult with your doctor before taking Viagra in Canada.

However, sexual activity is healthy for most people. [Having sex can help your cardiovascular health](#), so Viagra may help you stay healthy throughout your life.

Viagra And The Reproductive System

Buying Viagra online can revitalize your sex life, but medication alone isn't going to be enough to get an erection. Viagra will make it easier for you to get an erection, but it doesn't do anything to start the process. Your libido and sex drive will still impact your sex life. It's important to combine physical or mental stimulation with medication for the best results.

Viagra's effects last around four hours for most men. This doesn't mean that you'll have an erection lasting for four hours. Instead, you should enjoy a four-hour period where it's easier to get an erection when you feel aroused.

If you have [an erection that lasts for four hours or more](#), you should immediately get medical treatment. This condition is very rare but can have serious long-term effects.

Viagra And The Central Nervous System

Sildenafil helps blood flow to the penis, but your mind remains a powerful part of your sex life. Take Viagra about an hour before you're ready to have sex. Creating a romantic mood full of excitement and anticipation can help you enjoy the best experience.

Viagra doesn't affect the central nervous system for most men. However, you may experience a headache, runny nose, dizziness, or nosebleed when taking Viagra.

Causes Of Erectile Dysfunction

There are many different causes of ED. Whether you struggle with sexual health due to a physical condition, mental issues, or lifestyle choices, you can treat your condition.

Physical Causes Of Erectile Dysfunction

Sexual problems can often be traced back to a physical root. Sometimes, the primary condition itself causes ED. In other cases, medication or treatment for a different issue can cause sexual issues.

Here are some common physical concerns why men struggle with ED:

- Diabetes
- Heart disease
- High blood pressure
- High cholesterol
- Obesity
- Spinal cord injury

These medications may cause ED side effects:

- High blood pressure medications
- Heart disease medications
- Prostate cancer treatment

Mental And Emotional Causes Of ED

Some patients find that their physical body is in perfect health, but their mental or emotional concerns keep them from getting an erection. [Depression and stress can cause ED](#) in many men. Some patients also find that the medication for these conditions also leads to sexual dysfunction.

Lifestyle Changes To Improve Sexual Health

In addition to researching where to buy Viagra in Canada, you can also improve your sex life with some basic lifestyle changes. Many elements of modern life such as drinking, smoking, and high-stress careers can cause problems in the bedroom. These lifestyle factors can impact your blood circulation, which is vital to achieving an erection. Excess stress and worry can also make it hard to enjoy yourself sexually.

Explore these tips to [reduce stress and improve your cardiovascular health for better sexual functioning](#):

- Stay active (yard work, sporting leagues, walking the dog)
- Eat healthily and reduce portion sizes to manage your weight
- Cut back on alcohol
- Quit smoking
- Aim to reduce daily stress

Why People Use Viagra

Viagra and generic sildenafil are erectile dysfunction medications. These drugs help men who are struggling with impotence and other forms of erectile dysfunction. [ED can have a range of causes](#). Some men have trouble with their sexual health because of a physical condition or medical issue. Others struggle due to mental health problems or unhealthy lifestyle choices. One powerful benefit to Viagra is that this medication works in all degrees of ED symptoms.

Viagra And Relationships

Sexual connection is an important aspect of most romantic relationships. It's normal and healthy to want to form a sexual bond with your partner. Whether you're in a long-term relationship, just met someone new, or fall anywhere in between, having sex is probably important to you and your partner.

Viagra can support your sexual relationship by making it easier to achieve and maintain an erection. This medication won't make you feel attracted to someone if you're not already interested in them, but it can help you act on your sexual thoughts when you're in the mood.

If ED has changed your relationship or made you feel like something is missing, learning how to buy sildenafil in Canada can help.

Viagra And The Aging Process

Many men notice changes in their sexual performance as they grow older. This evolution can be due to the typical ageing process. You might feel a general lack of endurance as the years pass by. However, you don't have to live with ED.

No matter why you're interested in sildenafil citrate, Viagra can help your situation. [Viagra is effective across all degrees of erectile dysfunction](#). If you're struggling with impotence or other forms of ED, medications like Viagra can give you your life back.

Side Effects Of Viagra

Most patients who take Viagra have a good experience with the medication. Viagra can fit seamlessly into your sex life. By taking a dosage around an hour before you want to get intimate, you can achieve an enjoyable erection when it's time to get into bed.

However, some people do experience unwanted side effects from their medication. Remember that Viagra influences many of your body's systems, including your circulatory, cardiovascular, reproductive, and central nervous systems. Since this medication influences so many different parts of your body, a range of side effects may occur.

Here are some of the [most common Viagra side effects](#):

- Trouble breathing
- Chest pain
- Nausea, indigestion, or vomiting
- Change in vision or complete vision loss
- Change in hearing or complete hearing loss
- Drops in blood pressure
- Aches and pains
- Lightheadedness
- Dizziness

- Flushing or blushing
- Nosebleeds
- Seizures
- Painful or long-lasting erections

Most of these symptoms are short-lived and will fade in a few hours. If you have an erection that doesn't go away within four hours, you should seek medical treatment.

Some [medications can cause complications if you combine them with Viagra](#). You should consult your doctor before trying sildenafil if you take any of these medications:

- Alpha-blockers
- Nitrate medicines
- Guanylate cyclase stimulators

Discuss all your current medications with your doctor, including over-the-counter medications and supplements. Some food can also interact with Viagra. For example, [eating a high-fat meal before taking Viagra can interfere with your results](#).

Where To Buy Viagra

Viagra is a prescription medication and is only available through a licensed prescriber. Getting a Viagra prescription used to mean booking an appointment with your doctor. You might need to face invasive questions or tests before your provider would let you buy sildenafil. Next, you'd have to go to the pharmacy in person to fill your prescription.

Medical professionals such as doctors, nurses, and pharmacists shouldn't judge you based on your medical questions. However, the process of getting Viagra medications was complicated and could feel unpleasant.

Thankfully, a better option is now available. Online providers like SmartED understand that your sexual health is a personal matter. You can maintain your privacy and confidentially when you use SmartED to manage your erectile dysfunction concerns.

How SmartED Works

SmartED combines the traditional expertise of licensed healthcare providers with the convenience of shopping online. Enjoy the confidence of working with a real doctor while keeping your personal decisions to yourself.

1. Free Online Evaluation

Proper medical care is a vital part of your overall health. That's why SmartED employs licensed physicians who oversee your care. Your free online evaluation is the foundation for your ED treatment. Expert doctors will learn about your needs, desires, and medical history, then prescribe the best treatment option.

2. Secure Checkout And Fast Treatment Delivery

SmartED's secure website is easy to navigate and offers secure online checkout. Once your doctor has made their recommendations, you can buy Viagra in Canada online. Your medication will be safely and discretely shipped to you. Unmarked packaging helps you keep your shipment private.

3. Unlimited Follow-Ups

Viagra is a safe and widely used medication. Most men see immediate success from their treatment, but SmartED offers unlimited follow-ups if you have further questions. Perhaps you want to adjust your dosage, try a different solution, or simply have questions about your experience. SmartED doctors are just a click away. You can enjoy unlimited follow-ups as part of the seamless SmartED experience.

Moving Past Erectile Dysfunction

[ED impacts millions of men](#), but it doesn't need to define your life. You can take control of your sexual experience and move past erectile dysfunction with Viagra. Whether you use generic sildenafil or the name-brand Viagra option, this medication can make it easier for you to achieve and sustain an erection. Today's online shopping sources like SmartED offer safe, secure, and discrete ways to buy Viagra online in Canada. Learn more about your options and explore buying sildenafil online with SmartED. We're here to help you and your partner enjoy yourselves every step of the way.

References

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