

## Bio for Krystel Rumph

With 11 years of experience in the medical field as a surgical technician and a medical assistant, I want to keep caring for patients and helping them make better health choices. Based on my work experience, I prefer internal medicine because it was there that I learned the most about diseases and really got to know my patients as I cared for them.

Born a Filipina, I grew up on Guam, where I helped my parents with their catering business. Later, I would go on to earn an associates's degree as a medical assistant (MA) from Guam Community College.

Originally, I wanted to go on to become an RN, but I became a single mother then, and I had to prioritize. I have no regrets.

Instead of pursuing the RN path, I raised my child and worked at the FHP clinic on Guam for 10 years. The first year, I worked as a receptionist and also handled medical records, but after that, I gained invaluable experience as a surgery technician and an MA. Procedures I assisted included the following: colonoscopies, endoscopies, cyst removals, cystoscopies, vein strippings, cervical biopsies, cataract surgeries, and D&C.

After the surgery center there closed, I stayed on and worked in the OB, internal medicine, pediatric care, and urgent care departments as needed, broadening my experience. I also worked with a cardiologist who visited the island every 6 months, and my duties included administering EKGs and treadmill stress tests.

Today, I live in Chattanooga with my husband Trey, whom I met in 2015 at FHP. We moved here in 2018 and have a 10-year-old daughter and a 5-month-old son.

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### SOURCES USED:

Krystel Costa Rumph, 11 years of experience in the medical field. I received my associates degree as a Medical Assistant at Guam Community College.

I am a Filipina born and raised on Guam. Growing up I helped my family business in Catering.

With the experience in the medical and food industry I would like to help patients to make better choices. I moved to Chattanooga because of love ( haha) mother of 2.

I originally wanted to be an RN but got pregnant right after MA school and needed to work because of being a single mom.

I work for FHP clinic in Guam for 10 years. I started as a receptionist/ medical records for a year. I was surgical technician in the morning and MA for internal med in the afternoon for 2 years until they closed their surgery center. I assisted on colonoscopy, endoscopy, Cyst removal, Vein stripping, cystoscopy, cervical biopsy, D&C, cataract surgery.

I worked at internal medicine once the surgery center was close but floated at other departments when needed.(OB/Pediatric/ Urgent care) I worked for a cardiologist that visited the island every 6 months doing EKGs and Treadmill stress test. With my work experience I enjoy working most in internal medicine. It was where I learned the most about diseases, was able to care for my patients and got to know them as well.

I met Trey in 2015 at FHP and moved to Chattanooga in 2018 we are now married with a 10 year old daughter and 5 month old son.